



Larch Cottage Nurseries, Melkinthorpe, Penrith,
Cumbria CA10 2DR

www.larchcottage.co.uk

WiFi access – Larch Cottage Guest
Password – Larch123

Domiziani Italian Table Tops for Sale

Hand crafted in Italy by Domiziani, the designs are hand painted in ceramic glazes onto volcanic stone, so each one is unique.

So if you love our new tables as much as we do then we have a few tops available for sale.

Please ask for Jo Stott, or send an email to plants@larchcottage.co.uk for further details

Thank you for voting for us we are proud to be Regional Winner RHS Partner Garden of the year 2025.



Please note that a 10% discretionary service charge will be added to your bill for parties of 7 or more



Our ethos is simple: we want to bring the Mediterranean to your table, offering a dining experience that is fresh, rustic, pure and rooted in tradition. Through every dish, detail and interaction, we strive to create an environment where food and hospitality come together to nourish not just the body, but the soul.

We are fortunate to have ample space for a vegetable garden at Larch Cottage. Our dedicated gardeners work tirelessly year-round to plan, plant, and maintain the garden, ensuring a constant supply of fresh ingredients for our kitchen. Our chef collaborates closely with the gardeners, adapting the menu to make the most of the seasonal produce. From soups and chutneys to jams and tarts, nothing goes to waste.

So sit back, relax and enjoy...



Available all day

Sweet Scone with jam (v)	£3.95
Sweet Scone with jam and cream (v)	£4.50
Cheese Scones (v)	£3.95
Cheese Scone toasted / untoasted with cream cheese & chutney (v)	£5.25
Cakes (see special's board) (v/gf*)	from £4.95
Soup of the Day with Homemade Sourdough (See specials board for today's flavours) (v/gf*)	£7.95

Breakfast served 9am to 11.30am

Cannerheugh Farm Eggs on Toasted Sourdough Two eggs, poached or scrambled (V/GF*)	£7.95
Add Smoked Salmon	£4.00
Vintage Cheddar & Garden Chive Omelette Served with Toasted Sourdough (GF*) £10.95	£10.95
Truffled Field Mushrooms on Toasted Sourdough with Parmesan & a Fried Egg (v/gf*)	£12.50
Tomatao & Pepper Shakshuka with Toasted Sourdough (Lightly spiced tomato sauce with peppers and chickpeas, topped with a baked egg and garlic yoghurt) (V/ GF)	£12.95

Rose & Sparkling Wines

Cantina del Garda, Bardolino Chiaretto 12%	175m l250ml Bottle	£6.00 £8.50 £24.00
There are intense and floral notes on the nose with scents of small red fruits and savoury, fresh and harmonious on the palate with notes of fresh fruit.		

Prosecco Spumante Minis, Romeo 11%	20cl	£ 9.95
Fine with persistent bubbles and rich ripe apple, lemon and grapefruit aromas. On the palate, it is fresh and full-bodied. Good intensity, fresh, elegant and soft to the taste.		

NV Prosecco, Stelle d'Italia 11%	75cl	£ 30.00
Vivacious Prosecco, aromatic and appealing, all lemony delicacy and fresh, green pears.		

Cantina di Garda Prosecco Rose 11.5%	75cl	£ 30.00
Delicate pink colour reminiscent of peach blossom. Fruity aromas of peach, raspberry and ripe passion fruit with a touch of flowers. It is pleasantly zesty, fresh and harmonious. The bubbles are fine and persistent		

Red Wines

175ml 250ml Bottle

Colli Vincentini Merlot 12%	£6.00 £8.50 £24.00
Bright ruby red with an intense and elegant nose, with scents of berries. Taste is velvety, round and full-bodied with hints of green pepper.	

Zensa Primitivo 13%	£8.25 £11.00 £30.00
Complex bouquet, reminiscent of cherries, dried berries and toasted almonds. In the mouth it is full bodied, yet smooth and elegant with a silky texture.	

Joshua GMS, Teusner 14.5%	£42.00
A youthful and juicy 'Nouveau' style red wine drawing inspiration from the Rhone. Unoaked and a mix of light and dark berried fruits cured meats and lifted spice on the nose. A savoury and gamey flavour in the mouth.	





Lunch served 12.00pm until 3.00pm



While You Wait

Fennel & Orange Mixed Olives (v/gf)	£5.95
Feta Stuffed Olives	£5.50
Truffled Salted Nuts	£4.95
Rosemary & Chilli Nuts	£4.95
Homemade Focaccia Studded with Rosemary, Olives & Cherry Tomatoes Served with Dipping Olive Oil & Balsamic (V)	£5.95

Light Bites / Starters

Soup of the Day with Homemade Sourdough & Dale Farm Butter (See specials board for today's flavours) (V/GF*)	£7.95
Tomato & Pepper Shakshuka with Toasted Sourdough (Lightly spiced tomato sauce with peppers and chickpeas, topped with a baked egg and garlic yoghurt) Served with Larch Salad Garnish(V/ GF)	£13.95
Truffled Chestnut Mushrooms & Spinach on Toasted Sourdough with Grated Parmesan & Larch Salad Garnish (V/GF*)	£13.50
Classic Prawn Marie Rose with Garden Chives, Fresh lemon & a Sprinkling of Paprika on Toasted Sourdough, served with Larch Salad Garnish (GF*)	£14.95
Oak Smoked Salmon, Cream Cheese , Red Onion & Garden Chives on Toasted Sourdough, served with Larch Salad Garnish (GF*)	£14.95
Stone Baked Halloumi Caramelised Onion, Rocket & Cajun Mayonnaise On toasted Sourdough, served with Larch Salad Garnish (V/GF*)	£13.95

White Wines

175ml 250ml Bottle

Torre Dei Vescovi Pinot Grigio 13% £6.75 £9.50 £27.00

Golden yellow in colour, the bouquet is delicate with complex floral notes.
The wine is dry, pleasantly fresh and velvety.

Domaine De La Ferrandiere Chardonnay 13.5% £7.50 £10.50 £30.00

Pale gold colour with a fruity nose. Palate of pear and passion fruit and a slightly buttery finish. Perfect with fish and cooked in sauces.

South Island Marlborough Sauvignon Blanc 12.5% £7.50 £10.50 £30.00

An abundance of elderflower and gooseberry fruit on the nose with an edge of ripe pear. Racy on the palate with a core of orchard fruits that is very pure and focused. Finish is soft and warm.

Signature Barrel Fermented Torrontes £35.00

Golden colour with bright reflections. The nose is fragrant and complex, with hints of tropical fruits, especially lychee, and citrus notes, such as lemon peel, with delicate floral aromas. The mouth is harmonious with balanced acidity, combined with intense fruit flavours. Perfect with spicy dishes.





Mains

Seasonal Mains

Smoked Mackerel, Haddock & Prawn Fishcakes With New Potatoes, Pickled Beetroot, Rocket & Walnut Salad & Garlic Mayonnaise (GF)	£19.50
Pan Fried Salmon Fillet With Parmesan Polenta, Roasted Vine Cherry Tomatoes & Salsa Verde (GF)	£19.50
Filo Wrapped Feta finished with Honey, Sesame Seeds & Thyme served with Tzatziki, Olives, Peperonata & Mixed Leaves (V)	£16.50

Aubergine Stuffed with Lightly Spiced Cous-Cous, Chickpeas, Garden Vegetables & Herbs, Served on a Bed of Smoked Paprika Hummus & Finished with Tahini Dressing (V)	£17.50
--	--------

Please see our daily specials board for today's choices:

Pasta of the day

Risotto of the day

Tart of the day

All of our food is freshly prepared including our own bread and homemade cakes. All dishes are carefully made to order so please be patient when busy.

Whilst we can adapt our menu to cater for allergen and special dietary needs, please be aware we cannot guarantee certain requirements due to the nature of our small kitchen. All food is made in a kitchen that handles nuts & Gluten. Please speak to a member of staff about your requirements before ordering.

V – Vegetarian GF – Gluten Free GF* Gluten Free option available

Beers

Hawkeshead Pale Ale	4%	500ml	£6.00
Hawkeshead Bitter Ale	3.7%	500ml	£6.00
Allendale Ruby Ale	5.5%	500ml	£6.00
Italian Peroni Nastro Azzurro	5%	330ml	£4.95
Birra Moretti Premium Lager	4.6%	330ml	£4.95
Peroni Alcohol-Free	0.0%	330ml	£4.75
Aspall Cider	5.5%	330ml	£5.50

Spirits

A choice of fever-tree mixers;	Tonic/ Lemonade/Soda (200ml)	
Lakes Gin 46%	25ml/50ml	£6.00/£9.00
Lakes Elderflower gin 25%	25ml/50ml	£6.50/£9.50
Lakes Rhubarb and Rosehip 27%	25ml/50ml	£6.50/£9.50
Beefeater Pink Strawberry Gin 37.5%	25ml/50ml	£6.50/£9.50



Tea

English Breakfast

English Breakfast Decaf

Herbal Tea

(Rooibos, Berry Cocktail, Chamomile, Green, Green Mint, Lemongrass & Ginger, Assam, Lapsang Souchong, Earl Grey)

Coffee **Mokaflor – 100% Arabica Organics**

Americano

Cappuccino

Flat White

Latte

Espresso

Double Espresso

Mocha (Dark or White)

Iced Latte

Chai Latte

Extra shot of coffee

Decaffeinated coffee available

Soya & Oat Milk available for an additional 45p

Hot Chocolate

Hot Chocolate

Hot Chocolate with cream and marshmallows

Syrups

Gingerbread

Vanilla

Green Mint

Caramel

Pumpkin Spiced

Hazelnut

All syrups are 70p

£2.75

£2.75

£2.95

£3.75

£3.95

£3.95

£3.95

£2.75

£3.50

£4.25

£3.95

£3.75

95p

Sourdough Pizza



Sourdough bases stretched to order, topped with rich tomato sauce that we make in-house

Classic Margherita (v)
(Mozzarella, Fresh Basil)

£12.00

Marinara Kalamata (v)
(Garlic Kalamata Olives, Oregano)

£14.00

Funghi (v)
(Mozzarella, Garlic, Mushroom, Rocket, Truffle Oil, Parmesan)

£15.00

Rosmarino (v)
(Spinach, Caramelised Onion, Goats' Cheese)

£14.00

Piccante (v)
(Fire Roasted Peppers, Chilli Flakes, Goat's Cheese)

£14.00

Napoli
(Mozzarella, Olives, Anchovies)

£14.50

Tonno e Cipolla
(Mozzarella, Tuna, and Sliced Onion)

£14.50

Quattro Formaggi (v)
(Mozzarella, Blue Cheese, Parmesan, Cream Cheese)

£16.00

Florentine (v)
(Mozzarella, Garlic, Spinach, Egg)

£15.00

Oceana
(Smoked salmon, prawns, anchovies, mozzarella, olives, capers, and tomatoes)

£18.00





Side Dishes

Homemade Focaccia Studded with Rosemary, Olives & Cherry Tomatoes Served with Dipping Olive Oil & Balsamic (V)	£5.95
Rosemary & Sea salt Sweet Potato Wedges with Garlic Mayonnaise Dip (V)	£6.50
Larch Garden Salad Mixed Leaves, Rocket, Cucumber, Cherry Tomatoes & Spring Onion Dressed in Homemade Vinaigrette (V/GF)	£5.50
Rocket & Red Onion salad With Parmesan, Olive Oil & Balsamic Glaze	£5.50



Afternoon Tea £30 per person

Soup of the Day Shooter	all £3.50
Trio of Mini Bruschetta	all £3.50
Seasonal Tart	£2.75
Fruit Scone of the Day with Jam & Cream	£4.50
Duo of Handmade Cakes	£4.50

Served with Tea or Coffee (Including one refill)
(Speciality Teas and Coffees are also available for an additional charge)
Why not treat yourself further and add Mini bottle of Prosecco (20cl) £9.95

Bookings taken from 2pm until 3:30pm

We require a minimum of 48 hours' notice and £10 per person non-refundable deposit

Please note items on the menu are subject to change

Three Hills Cumbrian Gelato

1 scoop £2.95
2 scoops £5.70
3 scoops £7.25

Choice of Flavours
Chocolate, White Chocolate and Raspberry, Madagascan Vanilla, Salted Caramel

Soft Drinks

Cola
Ginger Beer
Dandelion and Burdock
Sparkling Elderflower
Sparkling Apple
Lime and Soda
San Pellegrino Aranciata,/Limonata /Aranciata Rossa
Cawson's Apple and Rhubarb / Cloudy Lemonade
Karma Cola sugar free



Folkington's Pressed Juice: Apple / Orange / Mango	£2.75
Still or Sparkling Water	£4.50
Large Sparkling Water	£4.50
Kombucha 250ml Available in Peach & Turmeric/ Ginger/ Winter Berries	£5.75
Smoothies (Please ask for available flavours)	£5.95
Milkshakes (Please ask for available flavours)	£5.95