



Larch Cottage Nurseries, Melkinthorpe, Cumbria CA10 2DR  
[www.larchcottage.co.uk](http://www.larchcottage.co.uk)

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# La CASA VERDE



We offer you a warm welcome to our little bit of Italy!!!

What does Italy mean to us? It's a source of inspiration, vibrancy, colour, and occasional chaos. Italy is a country we frequently visit as a family and have grown to love deeply. From the friends we've made to the restaurants we adore, Italy is where we relax and immerse ourselves in the unique culture and spirit that defines this beautiful country.

At La Casa Verde, we strive to capture this same feeling. We want you to enjoy spending time here, in an informal atmosphere where the food is as eclectic and colourful as Italy itself. Our daily specials and seasonal menu reflect the dishes we love when we're away—simple, fresh, and flavourful, sometimes with a twist and sometimes without, always celebrating the beauty and taste of our second home, Italy.

Peter, Jo, Jack, Luca, Antonia, and Lucius

All of our food is freshly prepared including our own bread and speciality cakes. All dishes are carefully made to order so please be patient when busy. Whilst we can adapt our menu to cater for allergen and special dietary needs, please be aware we cannot guarantee certain requirements due to the nature of our small kitchen. Please speak to a member of staff about your requirements before ordering. Our kitchen does keep a vegan cheese alternative which may be substituted in any of the bruschetta or pizza's.

V – Vegetarian    Ve – Vegan    GF – Gluten Free    DF – Dairy Free  
\* - available upon request

## Available all day

<b>Sweet Scone</b> with jam v	£ 3.95
<b>Sweet Scone</b> with jam and cream v	£ 4.50
<b>Savoury Scones</b> v	£ 3.95
<b>Cheese Scone</b> (toasted / untoasted) with cream cheese & chutney v	£ 4.75
<b>Cakes</b> (see special's board) v ve* gf* from	£ 4.95

## Breakfast served 9am to 11.30am

<b>Toast</b> Sourdough toast served with jam, marmalade, or honey. v ve* gf*	£ 3.75
<b>Eggs on Sourdough Toast</b> (poached or scrambled) v gf* Add Smoked Salmon for £4.00	£ 6.75
<b>Fried Duck Eggs on Toast</b> Free range duck eggs, truffle oil, parmesan. Served on sourdough toast. v gf*	£11.50
<b>Shakshuka</b> Spiced tomatoes, peppers, onion, garlic, and spinach, topped with a baked egg. Served with sourdough toast. v gf*	£ 13.00
<b>Homemade Potato Rostis</b>	
<b>Hot Smoked Salmon</b> Served with cream cheese and a poached hens eggs. gf	£ 14.00
<b>Sauteed Woodland Mushrooms</b> Served with baby leaf spinach v gf	£11.00
<b>Cumbria Cheddar</b> Served with slow roasted plum and tomato. v gf	£10.00

## Our Outlook

We are fortunate to have ample space for a vegetable garden at Larch Cottage. Our dedicated gardeners work tirelessly year-round to plan, plant, and maintain the garden, ensuring a constant supply of fresh ingredients for our kitchen. Our chef collaborates closely with the gardeners, adapting the menu to make the most of the seasonal produce. From soups and chutneys to jams and tarts, nothing goes to waste.

Our commitment to sustainability extends to our daily work with our fish supplier, resulting in a menu that varies according to the daily catch.

We prioritize using recyclable, reusable, and compostable packaging and storage in both our restaurant and kitchen. Continuously seeking innovative products and methods, we aim to reduce our carbon footprint and stay ahead in sustainable practices.



## Rosé & Sparking Wines

175ml 250ml Bottle

**Cantina del Garda, Bardolino Chiaretto 12%** £6.00 £8.50 £24.00

There are intense and floral notes on the nose with scents of small red fruits and savoury, fresh and harmonious on the palate with notes of fresh fruit.

**Prosecco Spumante Minis, Romeo 11%** 20cl £ 9.95

Fine with persistent bubbles and rich ripe apple, lemon and grapefruit aromas. On the palate, it is fresh and full-bodied. Good intensity, fresh, elegant and soft to the taste.

**NV Prosecco, Stelle d'Italia 11%** 75cl £ 30.00

Vivacious Prosecco, aromatic and appealing, all lemony delicacy and fresh, green pears.

**Cantina di Garda Prosecco Rose 11.5%** 75cl £ 30.00

Delicate pink colour reminiscent of peach blossom. Fruity aromas of peach, raspberry and ripe passion fruit with a touch of flowers. It is pleasantly zesty, fresh and harmonious. The bubbles are fine and persistent

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## Red Wine

175ml 250ml Bottle

**Colli Vincentini Merlot 12%** £6.00 £8.50 £24.00

Bright ruby red with an intense and elegant nose, with scents of berries. Taste is velvety, round and full-bodied with hints of green pepper.

**Zensa Primitivo 13%** £8.25 £11.00 £30.00

Complex bouquet, reminiscent of cherries, dried berries and toasted almonds. In the mouth it is full bodied, yet smooth and elegant with a silky texture.

**Joshua GMS, Teusner 14.5%**

A youthful and juicy 'Nouveau' style red wine drawing inspiration from the Rhone. Unoaked and a mix of light and dark berried fruits cured meats and lifted spice on the nose. A savoury and gamey flavour in the mouth. £42.00

Lunch served 12.00pm until 3.00pm

## Appetisers

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**Mixed Italian Olives** v ve gf £ 4.50

**Focaccia** £ 4.95

Warm freshly baked bread, studded with cherry tomatoes, black olives, and rosemary. v ve

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**Light Bites** *Please note all bruschetta are served cold.*

**Soup of the Day** £ 7.95

Served with sourdough bread. v gf\*

**Shakshuka** £ 13.00

Spiced tomatoes, peppers, onion, garlic, and spinach, topped with a baked egg. Served with sourdough toast. v gf\*

**Tomato Bruschetta** £ 10.50

Home cured tomatoes, roasted garlic puree, buffalo mozzarella and basil on sourdough toast. v ve\* gf\*

**Prawn Bruschetta** £ 12.00

Cold water prawns, pickled cucumber, rocket, tomato and chipotle mayo. gf\*

**Smoked Salmon Bruschetta** £ 13.50

Hot smoked salmon, cream cheese, fennel and capers. gf\*

**Goats Cheese Bruschetta** £ 11.50

Truffled goats cheese, watercress, cucumber and radish. v gf\*

**Filo Baked Feta** £ 11.50

Served with tzatziki, honey and sesame. v



## Mains

### See Board for today's Daily Specials

#### Goats Cheese Risotto £ 14.50

Beetroot, goats cheese, pea and mint. v gf

#### Pan Roasted Loin of Hake £ 18.00

Served with crushed fir potatoes, rustic coriander walnut dressing and tahini yoghurt. gf

#### Flash Fried King Prawns £17.50

Served with Asian slaw, satay style dressing and sweet chilli. *Contains sesame, peanuts.* gf

#### Fishcakes £17.00

Smoked haddock and salmon, parsley, spring onion with a hint of horseradish. Served with salad, cous cous and tartare sauce. gf, df

## Sides

#### Focaccia £ 4.95

Warm freshly baked bread, studded with cherry tomatoes, black olives, and rosemary. v ve

#### Side Salad £ 4.50

Larch Garden leaves, cherry tomatoes, cucumber, and spring onion, with a French dressing. v ve gf

#### Asian Slaw £ 5.50

Red and white cabbage, carrot, broccoli, peppers, radish, spring onion, coriander and black onion seeds in a satay dressing.

*Contains sesame, peanuts.* v vg



## White Wine

175ml 250ml Bottle

#### Torre Dei Vescovi Pinot Grigio 13% £6.75 £9.50 £27.00

Golden yellow in colour, the bouquet is delicate with complex floral notes. The wine is dry, pleasantly fresh and velvety.

#### Domaine De La Ferrandiere Chardonnay 13.5% £6.75 £9.50 £27.00

Pale gold colour with a fruity nose. Palate of pear and passion fruit and a slightly buttery finish. Perfect with fish and cooked in sauces.

#### South Island Marlborough Sauvignon Blanc 12.5% £7.50 £10.50 £30.00

An abundance of elderflower and gooseberry fruit on the nose with an edge of ripe pear. Racy on the palate with a core of orchard fruits that is very pure and focused. Finish is soft and warm.

#### Signature Barrel Fermented Torrontes £ 35.00

Golden colour with bright reflections. The nose is fragrant and complex, with hints of tropical fruits, especially lychee, and citrus notes, such as lemon peel, with delicate floral aromas. The mouth is harmonious with balanced acidity, combined with intense fruit flavours. Perfect with spicy dishes.

## Beers

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<b>Hawkeshead Pale Ale</b>	4%	500ml	£5.50
<b>Hawkeshead Bitter Ale</b>	3.7%	500ml	£5.50
<b>Allendale Ruby Ale</b>	5.5%	500ml	£5.50
<b>Italian Peroni Nastro Azzurro</b>	5%	330ml	£4.75
<b>Birra Moretti Premium Lager</b>	4.6%	330ml	£4.75
<b>Peroni Alcohol-Free</b>	0.0%	330ml	£4.50
<b>Aspall Cider</b>	5.5%	330ml	£4.95

## Spirits

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### A choice of fever-tree mixers; Tonic/ Lemonade/Soda (200ml)

<b>Lakes Gin 46%</b>	25ml/50ml	£6.00/9.00
<b>Lakes Elderflower gin 25%</b>	25ml/50ml	£6.50/£9.50
<b>Lakes Rhubarb and Rosehip 27%</b>	25ml/50ml	£6.50/£9.50
<b>Beefeater Pink Strawberry Gin 37.5%</b>	25ml/50ml	£6.50/£9.50
<b>Pimms 25%</b>	50ml	£6.50

## Pizza

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Our pizzas are based on those typically found in and around the region of Umbria. We stretch each base to order and then topping with our delicious homemade pizza sauce.

<b>Margherita</b>	£ 12.00
Homemade tomato sauce, mozzarella, and basil. v ve*	
<b>Rosmarino</b>	£ 14.00
Caramelised onion, goats' cheese, rosemary, and spinach. v ve*	
<b>Marinara Kalamata</b>	£ 14.00
Tomatoes, garlic, kalamata olives and oregano. v ve*	
<b>Piccante</b>	£ 14.00
Roasted red peppers, chilli, and goat's cheese. v ve*	
<b>Napoli</b>	£ 14.50
The classic mozzarella, black olive, and anchovies.	
<b>Tonno e Cipolla</b>	£14.50
Mozzarella, tuna, and sliced onion.	
<b>Funghi</b>	£ 15.00
Tomato, garlic, mozzarella, mushroom, rocket, truffle oil and parmesan. v ve*	
<b>Quattro Formaggi</b>	£ 15.00
Gorgonzola, mozzarella, parmesan, and mascarpone. v	
<b>Florentine</b>	£ 15.00
Mozzarella, garlic, spinach, and egg. v	
<b>Oceana</b>	£ 16.00
Smoked salmon, prawns, anchovies, mozzarella, olives, capers, and tomatoes.	



## Tea

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<b>English Breakfast</b>	£ 2.75
<b>English Breakfast Decaf</b>	£ 2.75

<b>Herbal Tea</b>	£2.95
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Rooibos, Berry Cocktail, Chamomile, Green, Green Mint,  
Lemongrass & Ginger, Assam, Lapsang Souchong, Earl Grey

## Coffee     Mokaflor – 100% Arabica Organic

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<b>Americano</b>	£ 3.50
<b>Cappuccino</b>	£ 3.75
<b>Flat White</b>	£ 3.75
<b>Latte</b>	£ 3.75
<b>Espresso</b>	£ 2.50
<b>Double Espresso</b>	£ 3.00
<b>Mocha (Dark or White)</b>	£ 3.95
<b>Iced Latte</b>	£ 3.75
<b>Chai Latte</b>	£ 3.50
<b>Extra shot of coffee</b>	75p

Decaffeinated coffee available  
Soya & Oat Milk available for an additional 45p

## Hot Chocolate

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<b>Hot Chocolate</b>	£ 3.80
<b>Hot Chocolate with cream and marshmallows</b>	£ 4.10

## Syrups

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<b>Gingerbread</b>	70p
<b>Vanilla</b>	70p
<b>Green Mint</b>	70p
<b>Caramel</b>	70p

## Soft Drinks

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<b>Cola</b>	
<b>Ginger Beer</b>	
<b>Dandelion and Burdock</b>	
<b>Sparkling Elderflower</b>	
<b>Sparkling Apple</b>	
<b>Raspberry Lemonade</b>	
<b>Lime and Soda</b>	
<b>San Pellegrino Aranciata,/Limonata /Aranciata Rossa</b>	
<b>Cawson's Apple and Rhubarb</b>	all £ 3.30

## Folkington's Pressed Juice:

<b>Apple</b>	
<b>Orange</b>	
<b>Mango</b>	
<b>Cranberry</b>	
<b>Mixed Berries</b>	all £3.30

<b>Cloudy Lemonade</b>	£ 2.50
<b>Still or Sparkling Water</b>	£ 2.75
<b>Large Sparkling Water</b>	£ 4.50

